

JUNE 2023



Bulletin

LCS Staff News



Busy Summer of Bond Projects Ahead

In this Edition:

> **LCS 2022 School Bond Update**

> **Shoutouts to staff: We appreciate all you do!**

> **LESP Member of the Month**

Since the passage of the 2022 School Improvement Bond in November, district officials have been hard at work with the logistics of a \$44-million project list. Now that the school year is drawing to a close, much of the work slated for Phase One will begin, including projects at Schickler Elementary and the Center for Innovation - West Campus

For many employees, Phase One projects will not have any direct impact on day-to-day work. For others, however, significant changes are in store.

If you work in one of the impacted facilities, you will receive (if you haven't already) building-specific information related to preparations for bond projects.

As we have stated in the past, bond work is incredibly complicated and, thus, timelines are always subject to change. On the next page, you will see the timeline for Phase One work as well as a late-spring bond update.





Preliminary Timeline

LCS 2022 SCHOOL BOND

PROJECTS	2023				2024				2025				2026			
	WINTER	SPRING	SUMMER	FALL	WINTER	SPRING	SUMMER	FALL	WINTER	SPRING	SUMMER	FALL	WINTER	SPRING	SUMMER	FALL
Safety + Security (Includ. Schickler Reno)	DESIGN	DESIGN	DESIGN	CONSTRUCTION	CONSTRUCTION											
CFI Demo + Renovations	DESIGN	DESIGN	DESIGN	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION								
Elementary Multi-Purpose Additions	DESIGN	DESIGN	DESIGN	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION							
Elementary HVAC Renovations		DESIGN	DESIGN	DESIGN	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION							
High School Classroom Additions		DESIGN	DESIGN	DESIGN	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION						
High School Auditorium Renovations					DESIGN	DESIGN	DESIGN	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION				
High School + Middle School Renovations					DESIGN	DESIGN	DESIGN	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION				
Asphalt + Concrete Paving										DESIGN	DESIGN	DESIGN	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION
Bus Garage Renovations										DESIGN	DESIGN	DESIGN	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION
District Wide Roof Replace										DESIGN	DESIGN	DESIGN	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION	CONSTRUCTION

DESIGN

PROCUREMENT

CONSTRUCTION



Bond Update: June 2023

Back in March, we posted our first invitations to bid for our safety and security packages. As we have stated in the past, safety and security upgrades are the most important aspect of the 2022 School Improvement Bond and, thus, sit atop our list of priorities.

These projects involve rekeying and installation of new doors, and locks, across the District. In addition, we have a long-overdue major project that will get underway this summer that will secure the open classrooms at Schickler Elementary.

Since the end of April, we have also put out invitations to bid for several other projects including the new parking lot at CFI, site demolition and renovation at CFI and the multi-purpose room additions to three elementary schools (Schickler, Murphy and Turrill).



The selective demolition project at CFI, which will begin after the asbestos remediation is complete, will remove roughly 50 percent of the existing building. This project will likely be completed in late fall or early winter of this year. The multi-purpose additions are major projects that are slated to start this fall and be completed in the winter of 2025.

Moving forward, we all must be patient as we navigate this process. In the end, all the time, energy and resources we will put into this process will be well worth it for our students and staff.

Melissa Sanders

I would like to give a shout out to Melissa Sanders for her ability to not only get our fundraiser up and running, but making sure everything is set to go for Day of Awesomeness!

Melissa is always willing to roll up her sleeves and help out with a student, an office concern, or a teacher needing assistance. Melissa is a true leader who is dedicated to making sure all students feel welcome and included in our Schickler Family.

Anthony Merlo

Unless you've been living under a rock, you've likely seen the incredible news coverage of the Lapeer High School girls' flag football team. They competed in the inaugural season for the brand new league flag football league, supported by the NFL, and finished undefeated!

Thank you to head coach Anthony Merlo and everyone who supported these student-athletes on this incredible journey. This was an experience they will never forget!



Do you know someone on our staff deserving of recognition?

Recognition isn't just about noticing the big events, it is about recognizing the small things along the way that have a big impact. When you send a submission, please name the employee, share specific info about what they did and why it was important to you. If possible, please send a photo.

Please submit your own staff shoutout to [Jared Field](#) prior to the 20th of each month.

Notes from Central Office



Do you know someone looking for a new gig? LCS has numerous openings for coaches, bus drivers, custodians, secretaries, paraprofessionals, teachers, support staff and more!

If you know someone who is interested, please send them to Applitrack via this link: [LCS Job Openings](#)

Green Themes

with Outdoor Ed Coordinator Beth Rupprecht

The Outdoor Campus at Skinner Lake has been active this spring with third graders. They are finding lots of fun organisms in the wetlands, including some pretty big bullfrogs and dragonfly nymphs!

Did you know that bullfrogs spend 1-3 years as tadpoles, and the beautiful adult dragonfly also spends a few months to several years in the nymph stage?



Here's the best news: Both help control the mosquito population!

Join us at R-W for Hive-Five Fridays

Rolland Warner is looking for groups to participate in High Five Fridays for the 23-24 school year. Groups greet R-W students, as they enter the building on Friday mornings, with high energy, music, high fives and fun. We are looking for all kinds of groups, clubs, teams, etc. Thank you to all the groups who participated this year. Our students love seeing the high school students. For more information you can contact John McCreedy at john.mccreedy@lapeerschools.org or [sign up using Sign Up Genius](#).



LESP Member of the Month

Carmen Brown is May LESP Member of the Month

Carmen is a paraprofessional at our Rolland-Warner 6-7 Campus.

Her co-workers say this about her:

- “Carmen’s positivity affects the culture at Rolland Warner every day. She goes above and beyond, is kind to all staff and students.”
- “She sets such a positive example for everyone. Carmen is exactly the kind of person any parent would want working with their student.”



Members of the Month

- **May:** Carmen Brown - Rolland-Warner
- **April:** Holly Peralta - Maple Grove
- **March:** Michelle Alvis - A&SC
- **February:** Shayna Raymond - Turrill
- **January:** Tammy Creason - A&SC
- **December:** Kandace Barry - Lynch
- **November:** Crystal Wilson - Lynch
- **October:** Sanya Johnson - Turrill

Reminder: Email Notices

If you will not be checking your email over summer, please set up an out-of-office notice on Gmail using these steps:

1. While Gmail is open, click the settings icon (on top right side of page).
2. Select “See All Settings” at top of page.
3. Scroll to bottom of page to “Vacation Responder” and turn on.
4. Follow instructions under Vacation Responder to set message and length of time for message. Provide an alternate to contact in your absence.



LEADER Fund

Leading to Excellence

NEWSLETTER

JUNE 2023 ISSUE



**STRIKE ZONE ROBOTICS TEAM # 5460 WON 2ND PLACE @ FRC
WORLD CHAMPIONSHIP!**

Congratulations!

CURRENT TOPICS:

GOLF OUTING

The Annual Leaderfund Golf Outing will be **Saturday, June 3rd** @ Metamora Golf & Country Club. We are looking for sponsors and volunteers!

For more information
[CLICK HERE](#)
or use the QR code:



GRANTS



The Leaderfund offers the opportunity for teachers to apply for a grant ...

Now there is an easier application process!

Go to Leaderfundlapeer.com to link to the following grants or click on the link below:

MINI: up to \$250

GRANT: \$250+

Visit LEADERfundLapeer.com for more information or go to page 14 for golf registration.

Recipe of the Month

Jalapeño Popper Dip

Compliments of Shad Spilski, Director of Innovation at CFI

Ingredients

6-8 slices of bacon, diced and cooked crispy
 2 8oz packages of cream cheese, soft
 1 cup of mayonnaise
 4-6 jalapeños, chopped and deseeded.
 1 cup of pepper jack cheese, shredded
 3/4 cup of mozzarella cheese, shredded
 1/4 cup of diced green onion

Toppings

1 1/2 cups of crushed Ritz crackers
 1/2 cup parmesan cheese
 1/2 stick of butter, melted

Directions

1. Preheat the oven to 350F
2. In a large bowl mix the bacon, softened cream cheese, mayonnaise, pepper jack cheese, mozzarella cheese, jalapeños, green onion until combined and then add the mixture to a 6x8 cooking dish.
3. Add parmesan cheese on top of mixture
4. Mix butter and crackers together and cover the entire mixture
5. Bake for 20-25 minutes or until the top is bubbly and golden brown.
6. Serve with your favorite crackers or chips



Follow LCS Online

[Facebook.com/LapeerSchools](https://www.facebook.com/LapeerSchools)

[Youtube.com/LapeerSchools](https://www.youtube.com/LapeerSchools)

[LapeerSchools on Flickr](#)

[@LapeerSchools on Twitter](#)

LCSblog.com

[LapeerCommunitySchools on Insta](#)





ADMINISTRATION & SERVICES CENTER
250 Second Street, Lapeer MI 48446
phone (810) 667-2401 fax (810) 667-2411
www.lapeerschools.org

To: All Staff
From: Kim Seifferly
Date: May 31, 2023
Re: Summer Office Hours, Building Close Dates 2022-2023 and Building Open Dates 2023-2024

Please be advised that the daily start/end times for students are as follows for the 2023-2024 school year:

Lynch, Murphy, Schickler Elementary = 8:44-3:40
Turrill Elementary = 8:54 - 3:50
RW = 7:36-2:17 (August ONLY 8:53-3:34)
Zemmer = 7:45-2:30
LHS = 7:25-2:10
CFI = 7:25 - 2:10

The dates specified below communicate the times of the school year when the public can access individual buildings and building offices are considered opened and staffed with employees. Outside of these dates, student, parent and public inquiries are directed to ASC.

Please be advised that ASC is closed on all of the following district holidays which occur during the 2023-24 school year: July 3 and 4, September 4, November 23 and 24, December 25,26, December 29, January 1, March 29, April 1 and May 27.

School Building	Regular office hours	Summer Office Hours – (any day students are not scheduled to be in session)	Office Closes for Summer 2022-2023	Office Re-Opens for 2023-2024
Lynch Murphy Schickler	7:45 am – 4:15 pm	7:30 am – 3:30 pm	June 16	August 14
Turrill	8:00 am – 4:30 pm	7:00 am – 3:30 pm	June 16	July 17
Rolland- Warner 6/7 Campus	7:00 am – 3:30 pm	7:30 am – 3:30 pm 8:10-4:00 during YR only	June 16	July 17
Zemmer 8/9 Campus	7:00 am – 3:30 pm	7:00 am – 3:30 pm	June 23	July 24
Lapeer High School	7:00 am – 3:30 pm	7:00 am – 3:30 pm	June 23	July 24
Center for Innovation	7:00 am – 3:30 pm	7:00 am – 3:30 pm	June 16	August 7
Cramton	8:00 am - 4:30 pm	8:00 am - 4:30 pm	June 23	July 31

The following District buildings are open year round except on District holidays as listed above. Summer dates and hours for each building are as follows:

Building	Summer Office Hours (any day students are not scheduled to be in session)	Regular Hours
A&SC	7:30 am – 4:00 pm	7:30 am – 4:30 pm
Bus Garage	6:00 am – 4:00 pm	5:00 am – 5:30 pm
Kids & Company	7:30 am – 4:00 pm	7:30 am – 4:30 pm M-Th 7:30-2:00 Fri



At MESSA, your health and well-being are our top priority. That's why we're reaching out to encourage you to take full advantage of your preventive care benefits, especially when it comes to cancer screenings. MESSA offers 100% coverage for cancer screenings when you visit an in-network provider – so you can get the care you need without worrying about the cost.

We want to stress the importance of making routine cancer screenings a part of your preventive care. So, don't hesitate to schedule your colonoscopy, mammogram or prostate exam today.

MESSA is here for you

In addition to cancer screenings, MESSA covers preventive care free of charge for members and covered dependents when you go to an in-network provider, **including:**

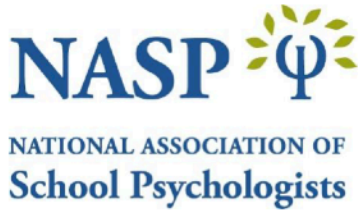
- One annual physical per calendar year.
- Up to two gynecological exams.
- A long list of immunizations and vaccinations including COVID-19; flu; pneumonia; tetanus, diphtheria, and pertussis (Tdap); tetanus and diphtheria (Td); measles, mumps, and rubella (MMR); and zoster (shingles).

Some age restrictions may apply. We have the resources. Please put them to work for you.

Questions about MESSA Benefits?

If you have questions about your MESSA benefits, you can call MESSA's East Lansing-based Member Service Center at 800-336-0013. MESSA also offers online chat for members and dependents; learn more at messa.org/

Member service representatives are available from 8 a.m. to 5 p.m. Monday through Friday.



Trauma: Brief Facts and Tips for Children and Adults

1. **Trauma is a serious problem.** Most children and adults will overcome a traumatic event with support. Some individuals are at greater risk for more serious traumatic reactions. Risk factors can include: proximity to a traumatic event, past exposure to trauma, substance abuse or mental illness, isolation, family stress, loss of a loved one, community stressors (poverty, violence).
2. **Trauma can have a lasting impact.** Trauma can increase the risk for psychological, behavioral or emotional problems (depression or PTSD), substance abuse, low occupational attainment or academic failure, social maladjustment and poor medical health.
3. **Common Reactions to Trauma.** Shock or disbelief, fear, sadness, guilt/shame, grief, confusion, pessimism, or anger. *In most cases these reactions are temporary and lessen over time.*
4. **Warning Signs.** If any of the following symptoms do not decrease over time, if they *severely* impact the ability to participate in normal activities, or if significant changes are noted, a referral to a mental health professional may be necessary.
 - Disruption or withdrawal from peer relationships
 - General lack of energy or interest in previously enjoyed activities
 - Decline in school/work performance, school/work avoidance, or difficulty concentrating
 - Physical complaints with no apparent cause (e.g., stomachaches, headaches)
 - Maladaptive coping (drug or alcohol use, severe aggression)
 - Repeated nightmares and reporting strong fears of death or violence
 - Repetitive play or talk re-enacting the traumatic events
 - Sleeping (difficulty falling or staying asleep) and eating disturbances
 - Increased arousal, easily startling or quick to anger, agitation, irritability, aggressiveness
 - Regression in behavior (thumb sucking, clinginess, fear of dark, assuming fetal position)
5. **Signs of Strong Emotional Reactions.**
 - Short temper/impatience; verbal outbursts
 - Sleep and/or eating problems; physical symptoms
 - Restlessness and agitation
 - Hitting and slamming objects, pets, or people
 - Desire to do harm
 - A sense of losing control over your life
 - Poor concentration or attention span
 - Social media posts expressing intolerance and/or anger
6. **There is help available.** If you or your family members are experiencing a crisis, reach out to the following:
Orlando Family Assistance: (407) 246.4357, **National Suicide Prevention Lifeline:** 1 (800) 273-8255
SAMHSA Helpline: 1(800) 662-HELP (4357)- English and Spanish

SELF-COMPASSION EXERCISE

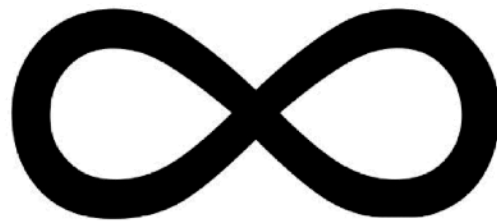
This exercise is helpful if you are experiencing unpleasant or overpowering emotions. Simply select a self-compassion thought from the list below and repeat it as you trace the infinity symbol.

The exercise can be enhanced by using the square breathing technique – as illustrated – and adding a compassionate thought for another person. It would go like this:

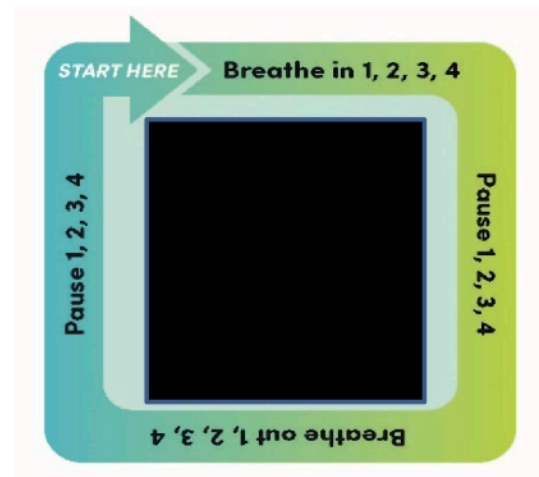
- Inhale for a count of four, focusing on a self-compassionate thought from the list.
- Pause for a count of four.
- Exhale for a count of four while focusing on a compassionate thought for someone else (see list at the bottom of page).
- Practice visualizing the specific person you're thinking about; you can replace "they" with their name.
- Pause for a count of four and begin again.

Self-compassionate thoughts:

- May I accept myself as I am.
- May I be safe.
- May I be healthy.
- May I have contentment.
- May I believe in myself.
- May I let go of anger.
- May I be free from shame.
- May I be kind to myself.
- May I be free from harm.
- May I be grateful.
- May I cherish myself.
- May I be free from suffering.
- May I have courage.
- May I feel peace.
- May I be free from fear.
- May I accept the circumstances of my life.
- May I remember that we are all human.
- May I know that to be human is to struggle.
- May I give myself the compassion I need.
- May I have peace of mind.
- May I care for myself.



INFINITY SYMBOL



SQUARE BREATHING TECHNIQUE

STAY WELL
Michigan.gov/StayWell

- May I accept them as they are.
- May I believe in them.

Compassionate thoughts for other people:

- May they be safe.
- May they be healthy.
- May they have contentment.
- May they let go of anger.
- May they be free from shame.
- May they be kind to others.
- May they be free from harm.
- May they be grateful.
- May they be free from suffering.
- May they have courage.
- May they feel peace.
- May they be free from fear.
- May they remember that we are all human.
- May they know that others struggle along with them.
- May they experience self-compassion.
- May they have peace of mind.





Thank you, Huntington Bank and Detroit Tigers!

On behalf of Lapeer Community Schools, we would like to thank Huntington Bank for its generous support of the Lapeer High School FAFSA-Fest this year.



Huntington donated \$525 in gift certificates to be awarded to students who completed their FAFSA (Free Application for Federal Student Aid). Their generosity motivated more students to complete their applications. Lapeer High School (LHS) is currently ahead of last year in the number of senior students who completed their FAFSA applications.

We would also like to thank the Detroit Tigers Foundation for its generosity and support of our students, as they donated 150 Detroit Tigers tickets to LHS. Students who completed their FAFSA Application had an opportunity to win tickets to the Tigers game on Mother's Day.

Thank you so much!

#BoltUp

Graduate



2023

BEST OF LUCK TO OUR CLASS OF 2023!

#BOLTUP



Senior Activity Schedule

- June 6: 6 PM - Senior Honors Convocation - LHS Gym
- June 7: 6 PM - Baccalaureate - LHS Auditorium
- June 8: 6 PM - Swing Out - Downtown
- June 9: 6 PM - CFI Graduation - LHS Auditorium
- June 11: 2 PM - LHS Graduation - Dort Financial Center

class of
2023
LAPEER HIGH SCHOOL

Senior Elementary 'Clap Outs'

- June 5, 2:30 p.m. at Lynch (+Mayfield) and Turrill
- June 5, 3:10 p.m. at Murphy and Schickler



Sponsored by
LEADERFund
Partners:



Annual  **LEADERFund**
Leading to Excellence
Golf Classic




Saturday,
June 3rd, 2023
at Metamora Golf & Country Club

ACTIVITY HIGHLIGHTS

- ✓ Use of Driving Range
- ✓ 18 Holes of Scramble Play
- ✓ 4 Hole-In-One prizes valued at \$10,000.00 per hole
- ✓ Prizes for closest to the pins, long drive, straight drive and long putt
- ✓ Prizes for lowest 18 hole scores; men, ladies, co-ed
- ✓ Tee gift

SCHEDULE OF EVENTS

- ✓ Registration 7:00am
- ✓ Breakfast 7:00am-8:00am
- ✓ Shotgun Start 8:00am
- ✓ Lunch at the Turn
- ✓ 1pm BBQ Luncheon
- ✓ Awards Presentation 2:00pm

REGISTRATION FEE

- ✓ \$125 per golfer*

**REGISTER
ONLINE AT
leaderfundlapeer.com**

**For additional information, please contact:
Rick Fleming 248-342-1702 rick.metamoracc@yahoo.com**

REGISTRATION INFORMATION

Registration & Payment Deadline is 5/27/23

Captain _____
 Phone _____ E-mail _____ Player 2 _____
 Address _____ Player 3 _____
 City/State/Zip _____ Player 4 _____

Method of Payment: (circle one) Cash or Check or Credit Card
 Number _____ Exp. _____

Please Make Checks Payable to: LEADER Fund
 and Mail To: LEADER Fund
 c/o Lapeer Community Schools
 250 E. 2nd Street, Lapeer, MI 48446



*In the event of cancellation due to inclement weather, all entry fees will be treated as a donation to LEADERFund and participants will be awarded a raincheck for golf.
 LEADER Fund is a licensed 501(c)3 non-profit foundation.

HALL OF FAME RECEPTION FOR MIKE SMITH

Please make plans to join us as we celebrate the induction of LHS Head Football Coach Mike Smith into the MHSFCA Hall of Fame!
Light refreshments served.



Sunday, June 25 from 2-5 p.m.
LCS Irwin Board Room
250 Second St., Lapeer



LAPEER WRESTLING ANNUAL GOLF OUTING

REGISTRATION FEE OF \$80
INCLUDES 18 HOLES OF
GOLF, CART, HOT DOG AT
THE TURN AND LUNCHEON



AUGUST 5
@ 9 A.M.
CASTLE CREEK
5191 LUM RD.,
ATTICA

Sponsorships

- ✦ **GOLD SPONSOR: \$750**
INCLUDES LARGE BANNER AT REGISTRATION
TABLE + FOURSOME
- ✦ **GOLF CART SPONSOR: \$300**
INCLUDES PRINTED NAME/LOGO ON ALL CARTS
- ✦ **BEVERAGE CART SPONSOR: \$200**
INCLUDES LARGE SIGN WITH NAME/LOGO ON
BEVERAGE CART
- ✦ **HOLE SPONSOR: \$100**
INCLUDES LOGO ON A SIGN AT A HOLE

Contests

- ✦ LOWEST SCORE - 4-PERSON TEAMS
- ✦ LONGEST DRIVE
- ✦ CLOSEST TO THE PIN
- ✦ LONGEST PUTT

CHECKS SHOULD BE PAYABLE TO LAPEER WRESTLING.
FOR RESERVATIONS, CONTACT JOE WOOD AT
JOSEPH.WOOD@LAPEERSCHOOLS.ORG
ALL PROCEEDS BENEFIT LAPEER WRESTLING